

Help Together We Cope feed 5,000 people every month.



Please donate by _____ .

Boxed cereal
(18 oz. or less)

Canned beans

Canned fruits

Canned meats
(chili, chicken,
stew, etc.)

Canned soup

Canned
spaghetti
sauce

Canned
vegetables

Jelly or jam

Macaroni and
cheese

Oatmeal

Pasta or Rice

Peanut butter

Tomato sauce

Tuna

Together We Cope

17010 South Oak Park Avenue, Tinley Park, Illinois 60477